

WHAT IS CLAIMED IS:

1. An exercising device comprising:

an exercising assembly electronically connected to a video game device;

a control device connected to the exercising assembly and receiving

5 information of heart rate of users, and

response devices connected to the exercising assembly and being controlled by the controlling device and being activated according to the information of heart rate of users and information from the video game device.

2. The exercising device as claimed in claim 1, wherein the response
10 device includes a fan device.

3. The exercising device as claimed in claim 1, wherein the response device includes an oxygen providing device.

4. The exercising device as claimed in claim 1, wherein the response device includes a hot air blowing device.

15 5. The exercising device as claimed in claim 1, wherein the response device includes a negative ion generating device.

6. The exercising device as claimed in claim 1, wherein the response device includes a resistance device connected to the exercising assembly.